Amendments to the Claims:

The listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (Currently amended) A forming die having comprising a cavity which forms a shaping space and into which a workpiece can be introduced[[,]]; and having

a passage which runs within through an interior of the die and connects the shaping space to the an exterior area surrounding the die[[,]]; characterized in that wherein.

the die (1) contains a liquid-permeable and gas-permeable insert body (8), which is held in a recess (9) of the die (1) near to the shaping space; and by means of a peripheral a surface region (10) of the insert body facing the shaping space (2) forms a section of the cavity; (3), and in that

the passage [[(4-7)]] opens out at the insert body (8) outside this peripheral surface region (10).

2. (Currently amended) The forming die as claimed in claim 1, eharacterized in that wherein the insert body (8) consists of comprises a porous sintered metal.

- 3. (Currently amended) The forming die as claimed in claim 1, eharaeterized in that wherein the insert body (8) is one of an ultrafine sieve or and a diaphragm.
- 4. (Currently amended) The forming die as claimed in one of claims claim 1 to 3, characterized in that wherein:

the forming die (1) is a hydroforming die[[,]]; and in that
the workpiece is formed by a peripherally continuous hollow profiled
section.

5. (Currently amended) The forming die as claimed in one of claims claim 1 to 3, characterized in that wherein:

the forming die (1) is a hydroforming die [[,]]; and in that

the workpiece is formed by two plates resting on top of one another, which can be clamped in the forming die (1) between an upper die block and a lower die block and between which a fluidic internal high pressure can be generated by means of a lance-like plunger which is assigned to the forming die (1) and is introduced between the plates.

6. (New) A forming die comprising:

a block of material which has a recess formed therein, said recess having a surface contour that conforms to a desired shape into which a workpiece is to be formed;

at least one passage which penetrates through said block of material and connects said surface of said recess with an exterior of the block of material, said passage having an enlarged cross section forming a cavity at an extremity thereof adjacent said surface of said recess; and

an insert body comprising a permeable material which is contained in said cavity; wherein,

said permeable material is at least one of gas permeable and liquid permeable; and

a surface of said permeable material that adjoins said surface of said recess has a contour which conforms to said desired shape in an area of said permeable material.